

Hi!

Attached is your list of Agape's Daily Affirmations. I personally use these affirmations every day while meditating. Using affirmations can help you:

- Replace thoughts of lack, sadness, fear, and anxiety.
- Stay focused when things at work become chaotic.
- Reduce 'dis-ease' in your body.
- Maintain harmonious relationships with your partner, children and/or parents.
- Build a wealth consciousness.

Chose the affirmation(s) that resonate with you and repeat them when you're getting ready in the morning, driving, meditating, using mala beads, taking an afternoon break, as you're falling to sleep at night-- anytime is a good time to affirm your desired life!

If you'd like more information about affirmations and what they can do for you, pick up a copy of my book *The Power in You*.

Remember, affirmations are a declaration of what you want to experience. The more feeling you put behind them, the more powerful they are!

Rev. Lee
Sr. Minister-Agape Spiritual Center



www.AgapeSpiritualCenter.com

Agape's Daily Affirmations

- I consciously create and experience a lavish, healthy, abundant and purpose filled life.
- It is easy and effortless for me to be in harmonious and loving relationships.
- I release all things ideas, things and people that no longer support my highest vision.
- I am financially free to do what I want, when I want, and how I want.
- I am at the right place, at the right time, to meet the right people, to make the right deal.
- I radiate and experience peace, love, and joy.
- I am a master of persistence and I do whatever it takes.
- I attract powerful men and women that support my personal vision.
- Infinite wisdom within me guides my every thought, word, and action.
- I embrace and accept my uniqueness and live my life authentically.
- My past has no bearing on what I can and will create and experience.
- Good things always happen to me. Good things always happen through me.
- I give and receive unconditional love.
- No matter what I have done or not done, I am worthy of love.
- I am connected, whole, worthy, and powerful.
- I choose to experience gratitude for all things.

